



rev 08/13/09

## Christ The King - August

menus subject to change without notice

	Monday	Tuesday	Wednesday	Thursday	Friday
	8/17/09	8/18/09	8/19/09	8/20/09	8/21/09
TRAY	No School	<ul style="list-style-type: none"> <li>• Baked Chicken Strips</li> <li>• Mashed Potatoes</li> <li>• Chef Vegetables</li> <li>• Peach Cobbler</li> </ul>	<ul style="list-style-type: none"> <li>• Hot Ham &amp; Cheese Sandwich</li> <li>• Corn on the Cob</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Asian Sweet &amp; Sour Chicken</li> <li>• Brown Rice</li> <li>• Sugar Snap Peas</li> <li>• Pineapple &amp; Red Grapes</li> </ul>	<ul style="list-style-type: none"> <li>• All Beef Hot Dogs</li> <li>• Baked Sweet Potato Fries</li> <li>• Cantalope</li> </ul>
A LA CARTE	No School	Grilled Chicken Sandwich on Whole Wheat Bun	California Turkey Wrap w/ Tomato Basil Tortilla	Hamburger on Whole Wheat Bun	Baked Potato Bar with Diced Chicken or Chili
SALAD	No School	Chicken Caesar Salad	Chef Salad	Southern Chicken Salad	Chef Salad
	8/24/09	8/25/09	8/26/09	8/27/09	8/28/09
TRAY	<ul style="list-style-type: none"> <li>• Mexican Chicken Casserole</li> <li>• Corn</li> <li>• Black Bean Salsa</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Meatloaf Topped with Marinara &amp; Parmesan</li> <li>• Brown Rice Pilaf</li> <li>• Glazed Baby Carrots</li> <li>• Oatmeal Cookie</li> </ul>	<ul style="list-style-type: none"> <li>• BBQ Chicken</li> <li>• Roasted Potatoes</li> <li>• Mixed Vegetables</li> </ul>	<ul style="list-style-type: none"> <li>• Toasted Ravioli with Marinara</li> <li>• Fresh Green Beans</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Homemade Pizza on Whole Wheat Crust</li> <li>• Garden Salad</li> <li>• Cold Veggies and Dip</li> </ul>
A LA CARTE	Chicken Club Wrap w/ Honey Wheat Tortilla	Grilled Chicken Sandwich on Whole Wheat Bun	California Turkey Wrap w/ Tomato Basil Tortilla	Hamburger on Whole Wheat Bun	Baked Potato Bar with Diced Chicken or Chili
SALAD	Chef Salad	Chicken Caesar Salad	Chef Salad	Southern Chicken Salad	Chef Salad
	8/31/09	9/1/09	9/2/09	9/3/09	9/4/09
TRAY	<ul style="list-style-type: none"> <li>• Roast Beef w/ Au Jus</li> <li>• Mashed Potatoes</li> <li>• Chef Vegetable</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Ultimate Grilled Cheese</li> <li>• Baked Tater Tots</li> <li>• Fresh Broccoli w/ Ranch</li> <li>• Sugar Free Gelatin Cup</li> </ul>	<ul style="list-style-type: none"> <li>• Beef Taco</li> <li>• Fiesta Corn</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Ziti w/ Turkey Sausage</li> <li>• Tuscan Blend Vegetables</li> <li>• Bread Stick</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Mac &amp; Cheese</li> <li>• Little Smokies</li> <li>• Sweet Peas</li> </ul>
A LA CARTE	Chicken Club Wrap w/ Honey Wheat Tortilla	Grilled Chicken Sandwich on Whole Wheat Bun	California Turkey Wrap w/ Tomato Basil Tortilla	Hamburger on Whole Wheat Bun	Baked Potato Bar with Diced Chicken or Chili
SALAD	Chef Salad	Chicken Caesar Salad	Chef Salad	Southern Chicken Salad	Chef Salad
	9/7/09	9/8/09	9/9/09	9/10/09	9/11/09
TRAY	Available On September Menu	Available On September Menu	Available On September Menu	Available On September Menu	Available On September Menu
A LA CARTE	Sept. Menu	Sept. Menu	Sept. Menu	Sept. Menu	Sept. Menu
SALAD	Sept. Menu	Sept. Menu	Sept. Menu	Sept. Menu	Sept. Menu

Trays include choice of drink.  
A La Carte Combos include fruit cup and choice of drink.

Ice Cream: Served on Jean and Spirit Days.  
Desserts: Served on Tuesdays

### Pre-Kindergarden Menu - August

	Monday	Tuesday	Wednesday	Thursday	Friday
TRAY	<ul style="list-style-type: none"> <li>• Mac &amp; Cheese</li> <li>• Little Smokies</li> <li>• Sweet Peas</li> </ul>	<ul style="list-style-type: none"> <li>• Baked Chicken Strips</li> <li>• Mashed Potatoes</li> <li>• Chef Vegetables</li> <li>• Cookie</li> </ul>	<ul style="list-style-type: none"> <li>• Hot Ham &amp; Cheese Sandwich</li> <li>• Sweet Corn</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• Toasted Ravioli with Marinara</li> <li>• Fresh Green Beans</li> <li>• Seasonal Fruit</li> </ul>	<ul style="list-style-type: none"> <li>• All Beef Hot Dogs</li> <li>• Baked Sweet Potato Fries</li> <li>• Cantalope</li> </ul>

Pre-K students are served family style in classrooms.  
Pre-K meals include white milk or water.

Desserts: Served on Tuesdays  
Ice Cream Days are not available to Pre-K